



**LITTLE VOICES,  
DANCING FEET**  
*with Jodie Friesen*

**MUSIC &  
MOVEMENT**  
for  
Newborn  
to  
Grade 3

**SPRING  
2019**

**“WIGGLERS” ~ born in ‘18**

We'll learn songs and rhymes for tickling, bouncing, clapping, finger & toe play, and peek-a-boo! A wide variety of instruments are there for them to explore (orally *and* aurally). Puppets, scarves, & little dances heighten the enjoyment until lullaby-time brings a soothing close. **Mon 11:00, Tue 11:45, Wed 11:00, Fri 1:30, Sat 11:15**

**“WANDERERS” ~ born in '17**

We try to keep pace with their boundless energy with songs & rhymes for clapping, bouncing, tickling, and finding noses & toes. They'll be introduced to instruments & music from around the world, plus scarves for peek-a-boo, and puppets that “quack” or “moo”. But even they need a lullaby or two! **Mon 9:30, Wed 9:20, Fri 9:30, Sat 9:00**

**“MOVERS & SHAKERS” ~ born in ‘16**

Now we add in songs & rhymes for budding imaginations! They'll explore a wealth of global instruments, and sing & dance with puppets, scarves, and books, until it's time to rock a Teddy to sleep. **Mon 10:15, Wed 10:10, Sat 9:45**

**“MUSIC MAKERS” ~ born in ‘15**

Focus is on playfully discovering rhythms, developing beat & vocal skills, and exploring pitch & dynamics through songs, rhymes, puppets, stories, and creative movement. “Orff” instruments (and many others) will be introduced. (*Weekdays, children stay on their own when ready. Saturdays, grownups stay, too!*). **Mon 1:30, Tue 10:00, Sat 10:30**

**“FIRST ADVENTURES IN DANCE”**

**~ for children born in '15 & '16**

Every week a different adventure! Scarves, balloons, streamers, puppets and more, will have them exercising their bodies *and* imagination to a wide variety of music while learning the first elements of dance. Grownups stay & dance, too ☺. (*No charge for accompanying younger siblings if safely strapped in a baby-carrier, stroller or car seat.*) **Tue 10:45**

**“FAMILY MUSIC” ~ all ages!**

There's no age limit; all that's needed is an interest in having fun making music together! Families/caregivers with just one child are welcome, too. **Tue 4:15, Fri 10:15**

**“RHYTHMATICS” ~ JK/SK**

We'll have fun with beat, rhythm, pitch & dynamics while playing singing games, creating sound effects for stories and poems, and improvising with xylophones, drums, and many other multi-cultural percussion instruments. Musical literacy will be introduced. **Wed 4:00, Sat 12:45**

**“KODORFF” ~ Grades 1- 3**

Kodaly and Orff teaching methods are combined with a dash of Dalcroze, so learning is vibrant and active. We'll play clapping & singing games, then transfer the rhythms to almost anything that can be struck, shaken, or rubbed to make sound! We'll also create soundscapes for stories & poems and begin to learn the basics of reading and writing music. **Mon 4:00, Sat 12:45**

**CLASSES** are once a week for **40 minutes** and limited to 12 children. The **11-week** term runs:

**Fri:** Mar 22 – June 14 (x April 19 & May 17)  
**Sat:** Mar 23 – June 15 (x April 20 & May 18)  
**Mon:** Mar 25 – June 17 (x April 22 & May 20)  
**Tue:** Mar 26 – June 18 (x April 16 & May 14)  
**Wed:** Mar 27 – June 19 (x April 17 & May 15)

There will be **no classes April 16-22 & May 14-20**. In the event of an *unscheduled* cancelled class, it will be made up at the end of the session (**June 21-26**). *Missed classes can be made up within this term, if there is room in an appropriate age group, by prior arrangement.*

**LOCATIONS:**

~ **ST. JOHN'S NORWAY CHURCH**, 470 Woodbine Ave., just N of Kingston Rd. (*Free parking*). **Mon, Tue & Fri am/pm, Wed pm**

~ **FITNESS WORKS**, 2171 Queen St. E, 2<sup>ND</sup> floor. (*Entrance off Lee, just N of the Green 'P' parking*). **Wed am**

~ **KEW PARK MONTESSORI DAY SCHOOL**, 79 Hiawatha Rd. (4 B W of Coxwell, 1-way N, btwn Dundas & Gerrard). (*Free parking in back, off Ashdale: 3 B W of Coxwell, 1-way S*). **Sat**

**FEES:** The **Spring** session is **\$198**. If enrolling more than one child from the same family, or for more than one class this term, the first will be at the regular price, then there is a **10% discount** (\$178.20). *Infants under 4 months of age at the start of term may accompany older siblings free of charge to "Wanderers", "Movers & Shakers", and "Family Music", otherwise, they may still attend those classes, but need to be enrolled in the class. In "First Adventures in Dance", there is no charge for younger siblings if safely confined to a baby carrier, stroller or car seat. :)*

**TO REGISTER:** Please mail this form along with a cheque payable to:

**Jodie Friesen**  
**472 Milverton Blvd.,**  
**Toronto ON M4C1X3**

Or, send it and an **EMT** to:

[littlevoices@sympatico.ca](mailto:littlevoices@sympatico.ca)

Placement can only be confirmed once payment is received. NSF cheques are subject to a \$25 handling fee. In the case of withdrawals, there is a \$30 administrative fee, plus the pro-rated amount for any classes that have taken place up to the time written notification is received. *No refunds will be issued after the 3rd class.* If a class is cancelled due to insufficient enrollment, there will be a full refund.

**QUESTIONS?** Call **Jodie: 416- 461- 9989**

[littlevoices@sympatico.ca](mailto:littlevoices@sympatico.ca)  
[www.littlevoices.ca](http://www.littlevoices.ca)

**JODIE FRIESEN** has been sharing her love of music with young children in the GTA for over 25 years. She is a Master "Orff" teacher and a graduate of the Royal Conservatory's "Music for Young Children" program, where she also studied Kodaly & Dalcroze pedagogy. Jodie taught Music & Movement for the RCM's "Learning through the Arts", as well as at Chine Drive, Gledhill, Williamson Road & Earl Beatty Public Schools, and the Young Children's Creative Movement & Music Classes. Ms. Friesen is a Musical Theatre graduate of Sheridan College and has performed in almost 100 Theatres across Canada, incl. the Royal Alex, Young People's Theatre, the Dream in High Park, and the National Arts Centre. She was nominated for an ACTRA award for "Singin' & Dancin' Tonight". Jodie is the proud mother of two driving age children.

## Spring 2019 Registration Form

Name of child \_\_\_\_\_

Date of Birth (d/m/y) \_\_\_\_\_ Sex \_\_\_\_\_

Requested day & time of class / possible alternative:  
\_\_\_\_\_

Home phone # \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postal code \_\_\_\_\_

First parent's name \_\_\_\_\_

Alternate # \_\_\_\_\_

Email \_\_\_\_\_

Co-parent's name \_\_\_\_\_

Alternate # \_\_\_\_\_

Person bringing child to class if other than above:  
\_\_\_\_\_

Phone # \_\_\_\_\_

How did you find out about the classes?  
\_\_\_\_\_

**Occasionally photos or videos may be taken:**

**YES**, I give "Little Voices Dancing Feet" permission to use my/my child(ren)'s image(s) for publicity/promotional purposes. (Thank you!)

**NO**, I do not give "Little Voices Dancing Feet" permission to use my/my child(ren)'s image(s) for publicity/promotional purposes.

**Waiver and indemnity:** I do hereby release "Little Voices, Dancing Feet" and all its' agents from any and all actions, claims, and demands for, upon, or by reason of, damage, loss or personal injury, which may be sustained by my child, myself, or my agent, during the course of, or as a result of, these classes.

Signature \_\_\_\_\_

Date \_\_\_\_\_